



## A Healthier Family

<sup>3</sup> Through [skillful and godly] wisdom a house [a life, a home, a family] is built, And by understanding it is established [on a sound and good foundation].

*Proverbs 24:3 (AMP)*

### Healthy Family Essentials:

✓ **AUTHENTIC** faith.

<sup>26</sup> Reverence for God gives a man deep strength; his children have a place of refuge and security.

*Proverbs 14:26 (LB)*

✓ **INTENTIONAL** schedules.

<sup>6</sup> It is better to have only a little, with peace of mind, than be busy all the time with both hands, trying to catch the wind.

*Ecclesiastes 4:6 (GNT)*

✓ Crystal-clear **PURPOSE**.

<sup>26</sup> I want to finish the race I'm running. I want to carry out the mission I received from the Lord Jesus--the mission of testifying to the Good News of God's kindness.

*Acts 20:26 (GW)*

✓ **RIGHT** relationships.

<sup>19</sup> A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses.

*Proverbs 27:19 (LB)*

✓ **AMAZING** grace.

<sup>32</sup> Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ forgave you.

*Ephesians 4:32 (MSG)*

### Stepping Toward A Healthier Family:

1. **ACKNOWLEDGE** my own mistakes.

<sup>3</sup> "And why worry about a speck in your friend's eye when you have a log in your own? <sup>4</sup>How can you think of saying to your friend, 'Let me help you get rid of that speck in your eye,' when you can't see past the log in your own eye?"

<sup>5</sup> Hypocrite! First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend's eye."

*Matthew 7:3-5 (NLT)*

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2. **ABANDON** my need to get even.

<sup>19</sup> Don't insist on getting even; that's not for you to do. "I'll do the judging," says God. "I'll take care of it."

*Romans 12:19 (MSG)*

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3. **APPLY** God's grace to my relationships.

<sup>8</sup> But anyone who does not love does not know God, for God is love. <sup>9</sup>God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him. <sup>10</sup>This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. <sup>11</sup> Dear friends, since God loved us that much, we surely ought to love each other.

*1 John 4:8-11 (NLT)*

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