



## Being Spiritually Full

<sup>16</sup> I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. <sup>17</sup> Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong.

<sup>18</sup> And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. <sup>19</sup> May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

*Ephesians 3:16-19 (NLT)*

## Circling The Spiritual Drain:

A.) SIN and STRIVING.

B.) COMPARING OURSELVES to other Christians.

C.) Keeping BUSY and PRESSURED to do more GOD-STUFF.

✓ PASSIONLESS RITUALS lead to spiritual emptiness.

<sup>4</sup> "They crush people with unbearable religious demands and never lift a finger to ease the burden."

*Matthew 23:4 (NLT)*

<sup>12</sup> Because of Christ and our faith in him, we can now come boldly and confidently into God's presence.

*Ephesians 3:12 (NLT)*

## Jesus Is Inviting Me To:

### 1. FRIENDSHIP.

<sup>1</sup> The Lord is my best friend and my shepherd. I always have more than enough.

*Psalms 23:1 (TPT)*

### 2. CONNECTION.

<sup>28</sup> "Are you weary, carrying a heavy burden? Then come to me. I will refresh your life, for I am your oasis. <sup>29</sup> Simply join your life with mine. Learn my ways and you'll discover that I'm gentle, humble, easy to please. You will find refreshment and rest in me. <sup>30</sup> For all that I require of you will be pleasant and easy to bear."

*Matthew 11:28-30 (TPT)*

### 3. FULLNESS.

✓ Spiritual fullness is not a demand to DO MORE; it's an invitation to BE WITH.

<sup>18</sup> ...How deeply intimate and far-reaching is his love! How enduring and inclusive it is! <sup>19</sup> Endless love beyond measurement that transcends our understanding—this extravagant love pours into you until you are filled to overflowing with the fullness of God!

*Ephesians 3:18-19 (TPT)*



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### Circling The Spiritual Drain:

- A.) \_\_\_ and \_\_\_\_\_.
- B.) \_\_\_\_\_ to other Christians.
- C.) Keeping \_\_\_\_\_ and \_\_\_\_\_ to do more \_\_\_\_\_.
- √ \_\_\_\_\_ lead to spiritual emptiness.

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