

SWEET DREAMS

Defeating the Monsters that Keep You Up at Night

Kicking Fear In the Face

May 8, 2016

¹⁰ The thief's purpose is to steal, kill and destroy. My purpose is to give life in all its fullness.

John 10:10 (LB)

FEAR HOLDS US BACK:

Δ We are crippled by our _____.

⁴ My guilt has overwhelmed me like a burden too heavy to bear... ⁶ I am bowed down and brought low.

Psalm 38:4, 6 (NIV)

Δ We are dominated by what other people _____ right now.

⁶ So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

Hebrews 13:6 (ESV)

Δ We face the fears for our future _____.

²⁵ Whom have I in heaven but you? And there is nothing on earth that I desire besides you. ²⁶ My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Psalm 73:5-6 (ESV)

√ FEAR is a monster that _____ our dreams.

¹⁶ Where God's love is, there is no fear, because God's perfect love drives out fear...

I John 4:18 (NCV)

KICKING FEAR IN THE FACE:

1. _____ THE MONSTER.

¹ Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me; ² my enemies trample on me all day long, for many attack me proudly. ³ When I am afraid, I put my trust in you. ⁴ In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? ... ¹³ For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.

Psalm 56:1-4, 13 (ESV)

2. _____ UP YOUR _____.

¹ I raise my eyes toward the mountains. Where will my help come from? ² My help comes from the LORD, the maker of heaven and earth. ³ God won't let your foot slip. Your protector won't fall asleep on the job.

Psalm 129:1-3 (CEB)

3. SURRENDER YOUR _____ TO JESUS.

⁷ You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Psalm 32:7 (NIV)

4. CHARGE TOWARD _____ INSTEAD OF _____ FROM _____.

¹ The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid? ⁵ For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

Psalm 27:1,5 (ESV)

√ _____ kicks fear in the face.

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¹⁰ The thief's purpose is to steal, kill and destroy. My purpose is to give life in all its fullness.

May 8, 2016

John 10:10 (LB)

FEAR HOLDS US BACK:

Δ We are crippled by our PAST.

⁴ My guilt has overwhelmed me like a burden too heavy to bear... ⁶ I am bowed down and brought low.

Psalms 38:4, 6 (NIV)

Δ We are dominated by what other people THINK right now.

⁶ So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

Hebrews 13:6 (ESV)

Δ We face the fears for our future ALONE.

²⁵ Whom have I in heaven but you? And there is nothing on earth that I desire besides you. ²⁶ My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Psalms 73:5-6 (ESV)

√ FEAR is a monster that MANIPULATES our dreams.

¹⁶ Where God's love is, there is no fear, because God's perfect love drives out fear...

1 John 4:18 (NCV)

KICKING FEAR IN THE FACE:

1. IDENTIFY THE MONSTER.

¹ Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me; ² my enemies trample on me all day long, for many attack me proudly. ³ When I am afraid, I put my trust in you. ⁴ In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? ... ¹³ For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.

Psalms 56:1-4, 13 (ESV)

2. LIFT UP YOUR EYES.

¹ I raise my eyes toward the mountains. Where will my help come from? ² My help comes from the LORD, the maker of heaven and earth. ³ God won't let your foot slip. Your protector won't fall asleep on the job.

Psalms 129:1-3 (CEB)

3. SURRENDER YOUR VULNERABILITY TO JESUS.

⁷ You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Psalms 32:7 (NIV)

4. CHARGE TOWARD TRUST INSTEAD OF RETREATING FROM FEAR.

¹ The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid? ⁵ For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

Psalms 27:1,5 (ESV)

√ FAITH IN JESUS kicks fear in the face.