



## Putting the Boom Back In Your Sex-Life

January 25, 2015

<sup>15</sup> Drink water from your own well -- share your love only with your wife. <sup>16</sup> Why spill the water of your springs in public, having sex with just anyone? <sup>17</sup> You should reserve it for yourselves. Don't share it with strangers.

*Proverbs 5:15-17 (NLT)*

### THREE BASICS ABOUT SEXUALITY:

**A. YOU'RE NO** \_\_\_\_\_.

<sup>27</sup> So God created people in his own image; God patterned them after himself; male and female he created them.

*Genesis 1:27 (NLT)*

<sup>13</sup> ...Our bodies were not made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies.

*1 Corinthians 6:13 (NLT)*

**B. YOU'RE NO** \_\_\_\_\_ **EITHER.**

**C. YOU'RE** \_\_\_\_\_.

<sup>1</sup> First, Is it a good thing to have sexual relations? <sup>2</sup> Certainly - but only within a certain context. It's good for a man to have a wife, and for a woman to have a husband. Sexual drives are strong, but marriage is strong enough to contain them and provide for a balanced and fulfilling sexual life in a world of sexual disorder.

*1 Corinthians 7:1-2 (MSG)*

**KEY TRUTH: GOD IS NOT** \_\_\_\_\_ **;** **HE'S**  
**JUST ALL FOR** \_\_\_\_\_.

### GOD'S PURPOSES FOR SEX:

1. \_\_\_\_\_.

<sup>28</sup> God blessed them: "Prosper! Reproduce! Fill Earth! Take charge!"

*Genesis 1:28 (MSG)*

2. \_\_\_\_\_.

<sup>18</sup> Let your wife be a fountain of blessing for you. Rejoice in the wife of your youth. <sup>19</sup> She is a loving doe, a graceful deer. Let her breasts satisfy you always. May you always be captivated by her love.

*Proverbs 5:18-19 (NLT)*

3. \_\_\_\_\_.

<sup>16</sup> There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "The two become one." <sup>17</sup> Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever - the kind of sex that can never "become one."

*1 Corinthians 6:16-17 (MSG)*

4. \_\_\_\_\_.

<sup>5</sup> So do not deprive each other of sexual relations. The only exception to this rule would be the agreement of both husband and wife to refrain from sexual intimacy for a limited time, so they can give themselves more completely to prayer. Afterward they should come together again so that Satan won't be able to tempt them because of their lack of self-control.

*1 Corinthians 7:5 (NLT)*

### THREE WAYS TO PUT THE BOOM BACK IN YOUR SEX-LIFE:

**1. WARM-UP** \_\_\_\_\_ **BEFORE YOU**

**HEAT-UP** \_\_\_\_\_.

<sup>10</sup> How lovely are your cheeks, with your earrings setting them afire! How stately is your neck, accented with a long string of jewels.

*Song of Solomon 1:10 (NLT)*

<sup>11</sup> Your lips, my bride, are as sweet as honey. Yes, honey and cream are under your tongue.

*Song of Solomon 4:11 (NLT)*

<sup>13</sup> My lover is like a sachet of myrrh lying between my breasts.

*Song of Solomon 1:13 (NLT)*

**2. HAVE ONGOING** \_\_\_\_\_ **ABOUT SEX**  
**(DON'T JUST** \_\_\_\_\_ **).**

**3. MAKE SEX WITH YOUR SPOUSE A LIFE-LONG** \_\_\_\_\_.

<sup>16</sup> Wake up, North Wind, get moving, South Wind! Breathe on my garden, fill the air with spice fragrance. Oh, let my lover enter his garden! Yes, let him eat the fine, ripe fruits.

*Song of Solomon 4:16 (MSG)*



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<sup>13</sup> ...Our bodies were not made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies.

*1 Corinthians 6:13 (NLT)*

#### B. YOU'RE NO ANGEL EITHER.

#### C. YOU'RE HUMAN.

<sup>1</sup> First, Is it a good thing to have sexual relations? <sup>2</sup> Certainly - but only within a certain context. It's good for a man to have a wife, and for a woman to have a husband. Sexual drives are strong, but marriage is strong enough to contain them and provide for a balanced and fulfilling sexual life in a world of sexual disorder.

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### **KEY TRUTH: GOD IS NOT AGAINST SEX; HE'S JUST ALL FOR MARRIAGE.**

### GOD'S PURPOSES FOR SEX:

#### 1. REPRODUCTION.

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#### 4. PROTECTION.

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*Song of Solomon 1:13 (NLT)*

#### 2. HAVE ONGOING CONVERSATIONS ABOUT SEX (DON'T JUST HINT).

#### 3. MAKE SEX WITH YOUR SPOUSE A LIFE-LONG EXPERIMENT.

<sup>16</sup> Wake up, North Wind, get moving, South Wind! Breathe on my garden, fill the air with spice fragrance. Oh, let my lover enter his garden! Yes, let him eat the fine, ripe fruits.

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Scripture translation key: New Living Translation (NLT) | New International Version (NIV)  
Good News Translation (GNT) | New Century Version (NIV)  
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