



Dealing with Disappointment

November 1, 2015

¹ O LORD, how long will you forget me? Forever? How long will you look the other way? ² How long must I struggle with anguish in my soul, with sorrow in my heart every day? How long will my enemy have the upper hand? ³ Turn and answer me, O LORD my God! Restore the sparkle to my eyes, or I will die.

Psalm 13:1-3 (NLT)

✓ God can handle my _____.

✓ _____ and _____ walk hand in hand.

DEALING WITH DISAPPOINTMENT:

1. I WILL DECIDE TO _____ BECAUSE GOD

IS _____.

⁵ But I trust in your unfailing love...

Psalm 13:5a (NLT)

⁷ Blessed are those who trust in the LORD and have made the LORD their hope and confidence. ⁸ They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.

Jeremiah 17:7-8 (NLT)

2. I CHOOSE TO _____ BECAUSE GOD HAS _____ ME.

⁵ ...I will rejoice because you have rescued me.

Psalm 13:5b (NLT)

⁴ Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.

Psalm 23:4 (NLT)

3. I OPEN MY _____ BECAUSE GOD IS _____.

⁶ I will sing to the LORD because he is good to me.

Psalm 13:6 (NLT)



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Psalm 13:1-3 (NLT)

✓ **God can handle my HONEST EMOTION.**

✓ **EXPECTATION and DISAPPOINTMENT walk hand in hand.**

DEALING WITH DISAPPOINTMENT:

1. I WILL DECIDE TO TRUST BECAUSE GOD IS DEPENDABLE.

⁵ But I trust in your unfailing love...

Psalm 13:5a (NLT)

⁷ Blessed are those who trust in the LORD and have made the LORD their hope and confidence. ⁸ They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.

Jeremiah 17:7-8 (NLT)

2. I CHOOSE TO REJOICE BECAUSE GOD HAS RESCUED ME.

⁵ ...I will rejoice because you have rescued me.

Psalm 13:5b (NLT)

⁴ Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.

Psalm 23:4 (NLT)

3. I OPEN MY HEART BECAUSE GOD IS GOOD.

⁶ I will sing to the LORD because he is good to me.

Psalm 13:6 (NLT)
