

PSALM 23
Living in the
GOODNESS
of God

Surrendering My Needs to the Shepherd

¹ The LORD is my shepherd, I shall not want. ² He makes me lie down in green pastures; He leads me beside quiet waters. ³ He restores my soul; He guides me in the paths of righteousness For His name's sake. ⁴ Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows. ⁶ Surely goodness and lovingkindness will follow me all the days of my life, And I will dwell in the house of the LORD forever.

Psalms 23 (NAS)

✓ God is the **SOURCE OF EVERYTHING** I need.

¹ The LORD is my shepherd, I shall not want.

Psalms 23:1 (NAS)

The Worthlessness Of Worry:

A.) Worry is UNNATURAL.

²⁶ "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:26 (NIV)

B.) Worry is UNHELPFUL.

²⁷ "Who of you by worrying can add a single hour to his life?"

Matthew 6:27 (NIV)

✓ Worry is assuming a **RESPONSIBILITY** God never **INTENDED** for me to have.

C.) Worry is UNBELIEF.

³² People who don't know God and the way he works fuss over these things, but you know both God and how he works.

Matthew 6:32 (MSG)

✓ Worry is a **WARNING SIGN** that I've forgotten the **GOODNESS** of God.

How Do I Trust God To Meet My Needs?

1. Ask Jesus to be my SHEPHERD.

¹⁴ "I am the Good Shepherd. I know my own sheep and my own sheep know me. ¹⁵ ...I put the sheep before myself, sacrificing myself if necessary."

John 10:14-15 (MSG)

2. Invite JESUS to be FIRST in every area of my life.

³³ "Set your heart on the kingdom and his goodness, and all these things will come to you as a matter of course."

Matthew 6:33 (PHILLIPS)

3. RELAX and tell him what i need in PRAYER.

⁶ So, humble yourselves under God's strong hand, and in his own good time he will lift you up. ⁷ You can throw the whole weight of your anxieties upon him, for you are his personal concern.

1 Peter 5:6-7 (PHILLIPS)

4. Trust Jesus ONE DAY AT A TIME.

³⁴ "Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes."

Matthew 6:34 (MSG)

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Psalm 23 (NAS)

✓ God is the _____ I need.

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Psalm 23:1 (NAS)

The Worthlessness Of Worry:

A.) Worry is _____.

²⁶ "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

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²⁷ "Who of you by worrying can add a single hour to his life?"

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✓ Worry is assuming a _____ God never _____ for me to have.

C.) Worry is _____.

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✓ Worry is a _____ that I've forgotten the _____ of God.

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¹⁴ "I am the Good Shepherd. I know my own sheep and my own sheep know me. ¹⁵ ...I put the sheep before myself, sacrificing myself if necessary."

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2. Invite _____ to be _____ in every area of my life.

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3. _____ and tell him what i need in _____.

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