



Living More Aware of Me  
January 24, 2016

√ Everyone has a spiritual \_\_\_\_\_.

√ The truth about me is that I don't fully know the \_\_\_\_\_.

<sup>1</sup> Nathan said to him, "There were two men in the same city - one rich, the other poor. <sup>2</sup> The rich man had huge flocks of sheep, herds of cattle. <sup>3</sup> The poor man had nothing but one little female lamb, which he had bought and raised. It grew up with him and his children as a member of the family. It ate off his plate and drank from his cup and slept on his bed. It was like a daughter to him. <sup>4</sup> "One day a traveler dropped in on the rich man. He was too stingy to take an animal from his own herds or flocks to make a meal for his visitor, so he took the poor man's lamb and prepared a meal to set before his guest." <sup>5</sup> David exploded in anger. "As surely as God lives," he said to Nathan, "the man who did this ought to be lynched!" <sup>6</sup> He must repay for the lamb four times over for his crime and his stinginess!" <sup>7</sup> "You're the man!" said Nathan.

*2 Samuel 12:1-7 (MSG)*

√ The greatest enemy of self-awareness is \_\_\_\_\_.

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LIVING MORE AWARE OF ME:

1. AWARENESS INCREASES AS \_\_\_\_\_ DECREASES.

<sup>10</sup> "Be still, and know that I am God!"

*Psalm 46:10 (NLT)*

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2. HURRY DECREASES AS \_\_\_\_\_ INCREASES.

<sup>11</sup> I have learned to be content whatever the circumstances.

*Philippians 4:11 (NIV)*

<sup>12</sup> "Beware! Guard against every kind of greed. Life is not measured by how much you own."

*Luke 12:15 (NLT)*

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√ SLOWING DOWN STARTS WITH YOUR \_\_\_\_\_, NOT YOUR \_\_\_\_\_.

Q: Do I like who I am \_\_\_\_\_?

3. WHO YOU WERE YESTERDAY DOESN'T HAVE TO \_\_\_\_\_ YOUR \_\_\_\_\_.

<sup>28</sup> Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."

*Matthew 11:28 (NLT)*

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Living More Aware of Me  
January 24, 2016

√ Everyone has a spiritual **BLINDSPOT**.

√ The truth about me is that I don't fully know the **TRUTH ABOUT ME**.

<sup>1</sup> Nathan said to him, "There were two men in the same city - one rich, the other poor. <sup>2</sup> The rich man had huge flocks of sheep, herds of cattle. <sup>3</sup> The poor man had nothing but one little female lamb, which he had bought and raised. It grew up with him and his children as a member of the family. It ate off his plate and drank from his cup and slept on his bed. It was like a daughter to him. <sup>4</sup> "One day a traveler dropped in on the rich man. He was too stingy to take an animal from his own herds or flocks to make a meal for his visitor, so he took the poor man's lamb and prepared a meal to set before his guest." <sup>5</sup> David exploded in anger. "As surely as God lives," he said to Nathan, "the man who did this ought to be lynched! <sup>6</sup> He must repay for the lamb four times over for his crime and his stinginess!" <sup>7</sup> "You're the man!" said Nathan.

*2 Samuel 12:1-7 (MSG)*

√ The greatest enemy of self-awareness is **HURRY**.

LIVING MORE AWARE OF ME:

**1. AWARENESS INCREASES AS HURRY DECREASES.**

<sup>10</sup> "Be still, and know that I am God!"

*Psalm 46:10 (NLT)*

**2. HURRY DECREASES AS CONTENTMENT INCREASES.**

<sup>11</sup> I have learned to be content whatever the circumstances.

*Philippians 4:11 (NIV)*

<sup>12</sup> "Beware! Guard against every kind of greed. Life is not measured by how much you own."

*Luke 12:15 (NLT)*

√ **SLOWING DOWN STARTS WITH YOUR HEART, NOT YOUR SCHEDULE.**

**Q: Do I like who I am BECOMING?**

**3. WHO YOU WERE YESTERDAY DOESN'T HAVE TO LIMIT YOUR TODAY.**

<sup>28</sup> Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."

*Matthew 11:28 (NLT)*

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