

SWEET DREAMS

Defeating the Monsters that Keep You Up at Night

Bulldozing Limiting Beliefs

May 15, 2016

√ Fear is a _____ that manipulates our _____.

¹⁶ Where God's love is, there is no fear, because God's perfect love drives out fear....

1 John 4:18 (NCV)

√ Fear _____ God's faithfulness from our _____
and imposes _____ beliefs.

² In the desert the whole community grumbled against Moses and Aaron. ³ The Israelites said to them, "If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.

Exodus 16:2-3 (NIV)

KEY TRUTH:

I am inwardly fashioned for _____, not for _____.

BULLDOZING LIMITING BELIEFS:

1. LET FEAR BE A _____ TO _____ YOU
TOWARD GOD.

⁹ And now the cry of the Israelites has reached me, and I have seen the way the Egyptians are oppressing them. ¹⁰ So now, go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt." ¹¹ But Moses said to God, "Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?" ¹² And God said, "I will be with you...."

Exodus 3:9-12 (NIV)

2. HURDLE _____ FENCES WITH _____ FAITH.

¹ "They will never believe me or listen to me!" Moses protested. "They will say, 'The LORD didn't appear to you.'" ¹⁰ Moses said to the LORD, "Please, Lord, I'm not a good speaker. I've never been a good speaker, and I'm not now, even though you've spoken to me. I speak slowly, and I become tongue-tied easily."

Exodus 4:1,10 (GW)

Δ Guilt says I _____ something wrong.

Δ Shame says I _____ something wrong.

3. LET GOD _____ — ON HIS _____, NOT YOURS.

¹¹ Then the LORD asked Moses, "Who makes a person's mouth? Who decides whether people speak or do not speak, hear or do not hear, see or do not see? Is it not I, the LORD?" ¹² Now go! I will be with you as you speak, and I will instruct you in what to say."

Exodus 4:11-12 (NLT)

√ On the other side of fear there is _____.

³⁸ For I am convinced [and continue to be convinced—beyond any doubt] that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, ³⁹ nor height, nor depth, nor any other created thing, will be able to separate us from the [unlimited] love of God, which is in Christ Jesus our Lord.

Romans 8:38-39 (AMP)

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✓ Fear is a **MONSTER** that manipulates our **DREAMS**.

¹⁶ Where God's love is, there is no fear, because God's perfect love drives out fear. . . .

1 John 4:18 (NCV)

✓ Fear **ERASES** God's faithfulness from our **MEMORY** and imposes **LIMITING** beliefs.

² In the desert the whole community grumbled against Moses and Aaron. ³ The Israelites said to them, "If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.

Exodus 16:2-3 (NIV)

KEY TRUTH: I am inwardly fashioned for **FAITH**, not for **FEAR**.

BULLDOZING LIMITING BELIEFS:

1. LET FEAR BE A **PROMPT** TO **PROPEL** YOU TOWARD GOD.

⁹ And now the cry of the Israelites has reached me, and I have seen the way the Egyptians are oppressing them. ¹⁰ So now, go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt." ¹¹ But Moses said to God, "Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?" ¹² And God said, "I will be with you. . . .

Exodus 3:9-12 (NIV)

2. **HURDLE IF-ONLY** FENCES WITH **WHAT-IF** FAITH.

¹ "They will never believe me or listen to me!" Moses protested. "They will say, 'The LORD didn't appear to you.'" ¹⁰ Moses said to the LORD, "Please, Lord, I'm not a good speaker. I've never been a good speaker, and I'm not now, even though you've spoken to me. I speak slowly, and I become tongue-tied easily."

Exodus 4:1,10 (GW)

Δ Guilt says I **DID** something wrong.

Δ Shame says I **AM** something wrong.

3. LET GOD **LEAD**—ON HIS **TERMS**, NOT YOURS.

¹¹ Then the LORD asked Moses, "Who makes a person's mouth? Who decides whether people speak or do not speak, hear or do not hear, see or do not see? Is it not I, the LORD?" ¹² Now go! I will be with you as you speak, and I will instruct you in what to say."

Exodus 4:11-12 (NLT)

✓ On the other side of fear there is **FREEDOM**.

³⁸ For I am convinced [and continue to be convinced—beyond any doubt] that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, ³⁹ nor height, nor depth, nor any other created thing, will be able to separate us from the [unlimited] love of God, which is in Christ Jesus our Lord.

Romans 8:38-39 (AMP)
